







Daysy displays infertile days using a green light.

Natural, Self-Determined Fertility Tracking with Daysy

- Daysy is a method which helps women monitor their menstrual cycle in a natural and precise way. With Daysy, women are empowered to learn more about their body and understand the phases of their menstrual cycle.
- Daysy is a lifestyle-fertility tracker. Using the basal temperature measurement method, Daysy determines the user's fertile and infertile windows. Daysy is to be used to facilitate conception and track the cycle. Daysy is not a replacement for contraception.
- In order to differentiate fertile and infertile days, users measure their basal temperature in the morning with the highly-sensitive integrated thermometer. Applying its tried-and-tested, highly reliable algorithm, Daysy calculates the user's fertility status and displays this using integrated LEDs:

-  **The user is fertile / possibly fertile** (red).
-  **Day of ovulation – predicted** (flashing red).
-  **The user is not fertile** (green).
-  **Daysy is learning; there are cycle fluctuations** (yellow).

- The database in every device contains information about the menstrual cycles of women in a variety of real-life situations. Over the course of 30 years, a large number of specific scenarios has been integrated into the database, including menstrual cycles affected by stress, sleep deprivation, alcohol consumption, and a variety of other factors – all of which can influence women's monthly rhythms. With every measurement it takes, Daysy learns to determine each user's unique cycle more precisely.

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- ◆ Daysy was developed as a medical device, is registered accordingly, and is continuously monitored by a certified quality management system.
- ◆ Daysy is manufactured in Germany and is marketed in over 40 countries worldwide.

Daysy is reliable and precise

- ◆ Due to an intelligent algorithm based on scientific evidence, long-term observation, and well-engineered technology, Daysy provides the highest quality, reliability and precision in terms of fertility tracking.
- ◆ Valley Electronics AG manufactures the Daysy fertility tracker and continuously works on improving Daysy. Valley Electronics has conducted several studies in the past years which prove Daysy's reliability.

DaysyDay: connect Daysy to your smartphone

- ◆ Using the DaysyDay app, Daysy is compatible with a smartphone. Connecting Daysy enables various options to digitally enhance knowledge regarding users' individual menstrual cycles and bodies – and allows them to share this information with partners or doctors.
- ◆ The DaysyDay app allows users to connect Daysy to a mobile device and view their data. The app offers a neat display format and generates a calendar which shows fertile and infertile days and displays fertility diagrams.



Figure 2: Daysy can be connected via **Bluetooth®** with the DaysyDay app.

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Daysy is not a form of contraception

- ♥ Daysy is not a form of birth control. As a fertility awareness-based method (FABM), Daysy is to be used to facilitate conception.
- ♥ Valley Electronics AG is of the opinion that fertility awareness-based methods neither influence conception directly nor can be classified as a form of contraception.

Press contact

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You can also find further information under daysy.me

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